



- Would you like to know more about your child's development?
 - Do you understand your child's behaviour?
 - Would you like the chance to meet with other parents with children of a similar age?
 - Do you know why children have temper tantrums?
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Groups are held for parents and carers in a variety of venues throughout Solihull, for age ranges from birth to 16yrs.

This is a group for parents and carers who want to know more about parenting, how children develop and understand their behaviour.

Our evaluation of previous groups has shown that parents have found it helpful, they tend to feel less anxious and their children's behaviour tends to improve.

We will explore issues such as:

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| ❖ Having fun together | ❖ Communication |
| ❖ Development needs | ❖ Parenting styles |
| ❖ Behaviour difficulties | ❖ Sleep |

The group is led by two facilitators, who will have experience of working with children - runs for 2 hours, once a week, for 10 weeks and is completely free of charge.

A crèche facility may be available for children requiring care whilst you attend the group, and an intro session is usually held before the group starts so that the children can meet the childcare workers. Groups do not run over school holidays.

Don't worry if you do not know anyone else coming to the group as one of the group facilitators will contact you before the group starts. They will tell you more about the course and ask you what you want to get out of it.

If you would like to attend this group, or for further details of other groups in your area, please contact the Family Information Service on 0800 389 8667, or via email to familyinfo@solihull.gov.uk