

Streetsbrook Nutrition Action Group - SNAG

Date: Tuesday 20 May 2014 Time: 9.00 a.m. Venue: Streetsbrook School

Present:

Streetsbrook

Debbie Butlin (Chair)

Jane Bennett (Parent Governor)

Aimee Collier (FFL Lead Teacher)

Naomi Troughton (Parent and Gardening Champion)

Carol Williams (School Cook)

Community

Marilyn Phipps (Minutes)

Sandra Taylor (Solihull Catering)

Children:

Year 1

Asaiya

Fred

Rhiddi

William

Year 2

Daniel

Medina

Raees

Thea

Apologies

Jacqui Webb (Solihull Catering)

Welcome and Introduction

Debbie Butlin welcomed everyone to the meeting and reminded the Year 1 children that they will be the 'senior' members of the SNAG in September when the Year 2 children move on. It was noted that the Year 2 children had done a wonderful job this year.

Matters Arising

Two of the children explained that they had attended the Growing Workshop day at Cranmore School and that they had made newspaper pots and had used them to sow seeds. This was a very successful day and the adults learned a great deal too, especially about companion planting.

DB explained that from September all children will have a free school meal. Following a change in government policy and after consultation with Parent Partnership, staff, governors and children, it has been agreed that Streetsbrook will offer a daily choice of a hot meal or a cold option (baguette/wrap etc). At morning registration children will choose what they would prefer that day. A letter is due to go out to all parents informing them of this decision. The intention from September is that no child will bring a lunchbox from home. ST has appointed two new catering staff to assist CW. There are no implications for the school re additional seating, plates/cutlery or timetabling.

Following the Reception children's farm visit, NT noted that children who were then gardening back in school compared their preparation for seed planting to the farmer ploughing his field. Children are clearly making links in their learning.

Children's Input

NT took us all on a visit to the school garden which is flourishing again since she has taken it over. The children looked at what was growing and harvested some radishes and salad leaves which CW took to use in that lunchtime's salad bar. The children were very excited about what was growing.

DB noted that there still needs to be an emphasis on really embedding this work across the school. Later in the meeting we discussed how this might be achieved.

The children were thanked for their input and left the meeting.

<p>Solihull Catering Feedback</p> <p>ST reminded the group that Solihull Catering had achieved the Silver Standard but expressed concern at an apparent further tightening of the food standards at silver level regarding the kinds of fish that can be served. Since the FFLP has reverted to food based standards rather than nutritional standards it seems that any kind of 'processed' fish (eg fish fingers/breaded fish) is no longer acceptable. CW noted that, when fish is on the menu with another choice, children will choose the non-fish option. As a result the group expressed some concern that children may avoid fish altogether if fish fingers were no longer permitted. It was felt that eating some fish was better than none at all and as children grew older they were more likely to experiment with other fish meals if they had enjoyed fish fingers (or similar) when young. This needs to be monitored. However, catering will be providing a fish curry and white fish in a tomato/cheese sauce as new menu options.</p> <p>It was noted that no foods at all are fried in any school kitchen run by Solihull Catering and the fryer in the Streetsbrook kitchen is to be removed and replaced with a new convection oven.</p>	
<p>School Links Update</p> <p>AC updated the group on the links made with Tesco. During the last week of term (15th 16th 17th July) every class in school will visit Tesco to see their fresh fruit/vegetable section and to visit the bakery to make bread. Tesco has offered funding towards coach travel and the visits will be fully supported by Tesco staff.</p> <p>In the next half term there is to be an opportunity to share the nurturing of incubating eggs</p> <p>DB informed the group of her suggested proposal next year to grow herbs with Blossomfield and Cranmore Schools and for children to sell them alongside the local mobile fishmonger.</p> <p>AC proposed that the school needed a seasonal growing plan if such ventures were to be practical in the future.</p>	<p>AC to liaise with NT</p>

<p>Blogs and Promoting Food for Life</p> <p>NT expressed disappointment with the small number of website hits on the gardening blog despite it being on the front page of the school site. This led into a discussion begun during the children’s activity as to how the FFLP work could be even more embedded across the whole school community. AC and DB noted that although class based staff are fully committed to FFLP work, there is only a limited amount of time available even though this work is built into the curriculum. AC informed the group that after school clubs already include one food based club each term and Solihull Catering will be attending parent curriculum meetings later in the year.</p> <p>The following suggestions were made:</p> <p>More information re FFL will be available through displays around school.</p> <p>Lunchtime supervisors will be encouraged to talk to the children about the food on their plates and they will point out which foods have come from the school garden.</p> <p>Class based staff will be encouraged to eat with the children to promote discussion about food but also to promote social eating habits and skills such as using cutlery properly.</p> <p>DB recommended the Food for Life site blogs from other schools as a good source of ideas for events etc. It would be beneficial if staff could be given time next year to investigate the site and find ways of working more closely in a whole school way. Db to raise with Senior management for staff meeting time</p>	<p>AC</p> <p>CW/NT</p> <p>DB</p> <p>DB</p>
<p>Farm Update</p> <p>AC reported that after the very successful farm visit by Reception children this term, Farmer John will be invited into school to update these children once they are in Year 1, on activity at the farm.</p>	<p>NT</p>

<p>Next Steps</p> <p>At the next meeting we will carry out an audit of Streetsbrook's progress towards the criteria for the gold award so that it is clear what needs to be done. It was proposed that staff from other Solihull schools be invited so that Streetsbrook can share their good practice.</p> <p>DB to look into a community project to create a greenhouse.</p>	<p>AC</p> <p>DB</p>
---	---------------------

The meeting closed at 10.50am

Date and time of next meeting

23rd September 2014 9.00 am