

# Streetsbrook Nutrition Action Group - SNAG

**Date:** Tuesday 21st April 2015    **Time:** 9.15a.m.    **Venue:** Streetsbrook

**Present:**

**Streetsbrook**

Debbie Butlin (Chair)

Katie Crouch (FFLP Lead Teacher)

Naomi Troughton (Parent and Gardening Champion)

**Community**

Marilyn Phipps ( Minutes)

Sandra Taylor (Solihull Catering)

**Apologies**

No apologies received

**Children:**

**Year 2**

Asaiya

Fred

Rhiddi

William

**Year 1**

Adam

Ella

Hira

Rosie

<p><b>Welcome and Introduction</b></p> <p>Katie Crouch welcomed everyone to the meeting and noted that the school cook's absence would be explained at a later point under item 6 on the agenda: 'New cook - what do we want from school lunches?'</p> <p>Katie then introduced the first game for which Naomi Troughton had made two smoothies from secret ingredients! The children (and adults) had to taste the smoothies and try to guess their contents. The children made very sensible and astute guesses but no-one guessed that the first smoothie contained avocado and pak-choi as well as raspberry and banana and the second smoothie contained cucumber, celery and spinach as well as raspberry and banana.</p> <p>NT was thanked for such a brilliant and illuminating game and it was suggested that Smoothie Club might run again and classes might make smoothies/smoothie ice pops for the Food For Life/Money week later this term.</p> <p>The children's activity was to pair with an adult and devise a questionnaire that children at Streetsbrook could be asked to help us find out what they think about school meals and how they think lunchtime could be even better. The children had brilliant ideas which KC will type up and pass to class teachers.</p>	<p>NT to liaise with staff</p> <p>KC</p>
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<p>Sandra Fellows told the group that after they have eaten their meal, some schools give children a slip of paper with a smiley face or sad face on it. Children tick the face representing their feelings about their meal that day. This is worth looking into.</p> <p>Discussion then ensued about the issue of the very small number of parents (between 10-15) who insist on sending a packed lunch for their child, even though all children can now have a free school meal. Rather than write a policy document to cover lunchbox food DB would prefer to meet with these parents as a targeted group to try and persuade them to allow their children to have a school meal. There is a correlation between children who have been identified as benefiting from Fitness Club and the children who bring lunch boxes from home of which some contain chocolate bars, crisps and sugary drinks.</p> <p>DB is not as concerned for the future as school policy is that new Reception class children no longer have the option of bringing a packed lunch from home and so this will filter through the system.</p>	<p>KC/ZJ</p>
<p><b>Previous Minutes Update</b></p> <p>KC expressed regret that efforts to recruit parents and governors to the SNAG had produced no result although it was acknowledged that governors all work. KC will be sending out the letter to parents again, explaining fully what FFL and the SNAG are all about and what the role of parents can be.</p> <p>MP suggested that Streetsbrook's Parent Partnership group could fulfil this role in the interim, and DB said that would be possible as the meeting agendas alternate between one set by parents and one set by the school.</p> <p>DB also reported that Streetsbrook's food provision/education was recognised as a strength by the local authority in their Health and Well Being document.</p> <p>KC informed the group that, having spoken to FFLP there is no additional funding although there is a pilot project related to Universal Free School Meals provision which could bring a very small amount of money. DB said she was reluctant to sign up to this at the moment due to the movement of kitchen staff. See next agenda item.</p>	<p>KC</p> <p>DB</p>

### **New Cook - What do we want from school lunches?**

DB thanked Solihull Catering for working so positively and supportively of both school and Carol Williams during the transition to Universal Free School Meals. The new provision has not been easy for cooks with increased staff to manage as well as far greater numbers of meals to prepare. Mrs Williams agreed that she would be happier in a different role in another school where she can be supportive in turn to the cook there. We all wish her well in her new role and thank her for her service. Streetsbrook have a lady working as cook in the interim and she is doing a brilliant job but they are looking for a permanent replacement for CW.

KC

DB explained Streetsbrook's vision for the future of meals provision which includes a much broader role for the cook to be more akin to a chef who will provide all of the school's catering requirements, from lunchtime meals to catering for governors and other meetings. Along with Solihull Catering DB and Louise Minter will be involved in this appointment and they will be looking for someone whose passion for excellence in food provision and education matches that of the school. Some of the ideas already in the pipeline are to enable children to choose to eat outdoors at picnic benches, more emphasis on good behaviour and table manners, using cutlery and encouraging staff to eat with children. Work is hoped to commence on refurbishment of the hall including potential noise reducing flooring.

ZJ

### **Empty Classroom Day**

This will take place on Friday 19th June when all learning will take place outdoors, including lunchtime. The day is to be combined with Eco Day and DB would like no electricity to be used on that day, including in the kitchen. SF suggested a picnic lunch consisting of a soft roll with a choice of fillings, crudité's, a piece of fruit and a cake or biscuit. The children can select their own food and put it into a paper bag.

SF to arrange

DB also asked a question about the lunch that the kitchen provides when children go on a school visit as a recent lunch pack left a few children hungry. SF said she would investigate what happened but assured the group that the items listed above for the special day are the standard contents of a packed lunch supplied by Solihull Catering. SF also offered that the kitchen could make biscuits for school visit days which the staff can take with them and offer the children as their morning or afternoon snack.

<p><b>Food for Life/Money Week - contacts with outside agencies including Sharman's Cross School.</b></p> <p>KC explained that the climax of this event is Thursday 9th July 2.00pm - 4.00pm when children will be setting up stalls to sell items which they have created during the week, each class having been given a budget of £20 to work with. This event will be known as 'Street's Market' and outside agencies will also be attending to sell produce to families.</p> <p>NT will have a Garden Stall to sell produce grown by the children in school and use the profits to support future gardening.</p> <p>It is hoped that there will be some small farm animals as well as some involvement from the school kitchen.</p> <p>KC will be contacting Tesco to ask for their support in providing ingredients/equipment etc. through their Farm to Fork scheme.</p> <p>Sharman's Cross Junior School will also be invited to take part, running a stall and keeping the profits to plough back into their own gardening scheme, hopefully participating in FFL in the future with Streetsbrook's support. DB has already had contact with the new Headteacher Miss Wilkes, who seems very keen to continue the great work.</p>	<p>NT</p>
<p><b>Any Other Business</b></p> <p>NT has now established a link with Dickens Heath School and is going to visit their farm.</p>	<p>NT</p>
<p><b>Next Steps</b></p> <p>At the next meeting children from the current Reception class will join us to prepare them to take on the role as SNAG members in September.</p> <p>The next meeting will be in July at a date TBA</p>	<p>DB</p>